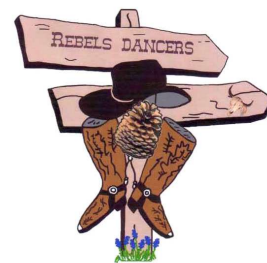


RESPECT (CBA 2024)



Type : Danse en ligne , 96 comptes , 2 murs , **phrasée** , 1 restart , 1 final
Niveau : Intermédiaire
Chorégraphe : Mark Furnell (uk) & Chris Godden (uk) (Decembre 2023)
Musique : " Dreamers " de Jung Kook
Intro : 32 comptes .
Sequence: A, B, B (48 Counts), A, B, A, B

PART A: 32C

SEC 1 ARM RAISE, ARM PULL

1-4 Raise right arm to right side to shoulder height palm up over 4 counts
5-8 Pull right arm towards body with closed fist over 4 counts

SEC 2 ARM RAISE, ARM PULL

1-4 Raise left arm to left side to shoulder height palm up over 4 counts
5-8 Pull left arm towards body with closed fist over 4 counts

SEC 3 RAISE ARMS, OPEN ARMS

1-4 With left arm crossed over right raise both arms to shoulder height over 4 counts
5-8 Open both arms to respective side

SEC 4 RAISE ARMS, PULL ARMS

1-4 Drop arms down then raise both arms up in front of body palms up over head height over 4 counts
5-8 Pull both arms down with closed fists over 4 counts

PART B: 64C

Note Second time Part B is danced omit the Arms in SEC 1 to SEC 4

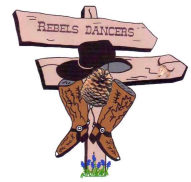
SEC 1 ROCK, SIDE ROCK, WEAVE, TOGETHER, 1/8 JAZZBOX

1& Rock right forward, recover weight onto left
2& Rock right to right, recover weight onto left
3&4 Step right behind left, step left to left, cross right over left
&5-6 Step left beside right, turn 1/8 left cross right over left, step left back (10:30)
7-8 Step right to right, step left forward

Arms On count 8 take right arm to right side at shoulder height



RESPECT (CBA 2024) (SUITE)



SEC 2 TOGETHER, HOLD, BACK, $\frac{1}{8}$ SIDE, WEAVE

1-2 Step right beside left, hold

Arms On count 1 place right fist on heart with closed fist

Note On second time Part B is dance, Pop both knees forward instead of Holding on count 2

3-4 Step left back, turn $\frac{1}{8}$ right step right to right (12:00)

5-6 Cross left over right, step right to right

7-8 Step left behind right, step right to right

SEC 3 ROCK, SIDE ROCK, WEAVE, TOGETHER, $\frac{1}{8}$ JAZZBOX

1& Rock left forward, recover weight onto right

2& Rock left to left, recover weight onto right

3&4 Step left behind right, step right to right, cross left over right

&5-6 Step right beside left, turn $\frac{1}{8}$ right cross left over right, step right back (1:30)

7-8 Step left to left, step right forward

Arms On count 8 take right arm to right side at shoulder height

SEC 4 TOGETHER, HOLD, BACK, $\frac{1}{8}$ SIDE, WEAVE

1-2 Step left beside right, hold

Arms On count 1 place right fist on heart with closed fist

Note On second time Part B is dance, Pop both knees forward instead of Holding on count 2

3-4 Step right back, turn $\frac{1}{8}$ left step left to left (12:00)

5-6 Cross right over left, step left to left

7-8 Step right behind left, step left to left

SEC 5 SAMBA STEP, SAMBA STEP, CROSS, $\frac{1}{2}$ HINGE, TOUCH

1&2 Cross right over left, rock left to left, recover weight onto right

3&4 Cross left over right, rock right to right, recover weight onto left

5 Cross right over left

6-7 Turn $\frac{1}{4}$ right step left back, turn $\frac{1}{4}$ right step right to right (6:00)

8 Touch left beside right

SEC 6 DOROTHY STEP, DOROTHY STEP, STEP, $\frac{1}{2}$ BOUNCE HEELS, SWEEP

1-2& Step left forward to left diagonal, lock right behind left, step left forward

3-4& Step right forward to right diagonal, lock left behind right, step right forward

***RESTART Here second time Part B is danced, add the following then restart**

*5 Step left to left

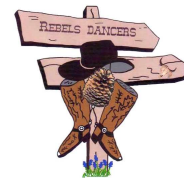
*6-8 Hold for 3 counts.

5 Step left forward

6-8 Turn $\frac{1}{2}$ right bouncing both heels twice, sweep right from front to back (12:00)



RESPECT (CBA 2024) (SUITE 2)



SEC 7 SAILOR STEP, ¼ SAILOR STEP, ROCK SWEEP, BACK SWEEP, WEAVE

- 1&2 Step right behind left, step left to left, step right to right
- 3&4 Step left behind right, step right to right, turn ¼ left step left forward (9:00)
- 5-6 Rock right forward, recover weight onto left sweeping right from front to back (9:00)
- 7 Step right back sweeping left from front to back
- 8&1 Step left behind right, step right to right, cross left over right

SEC 8 HOLD, BALL TOUCH, ½ UNWIND, STEP, ½ PIVOT, ¼ SIDE, TOGETHER POP KNEE

- 2&3 Hold, step right to right, touch left behind right
- 4 Unwind ½ left transferring weight on to left (3:00)
- 5-6 Step right forward, pivot 1/2 left transferring weight on to left (9:00)
- 7-8 Turn ¼ left step right to right, step left beside right popping right knee

ENDING *At the end of the dance on last touch, Tap right fist on heart twice*

RECOMMENCEZ ET GARDER LE SOURIRE